



THIRD AGE UNIVERSITY

Lower Silesia, Poland

Third Age University exists within University of Wrocław, educates elderly people in the scope of foreign languages, new technics, general knowledge, health, gerontology and history of the region. TAU supports tourism and physical fitness. intends to prevent ageing of the society by promoting healthy, developing style of living.

Objective, goals, targets

- Preventing of ageing's negative effects in individual and social dimension.

Problem

- Need of education system accessible for each elderly person. Need of supporting elderly people efforts to avoid social exclusion, to keep them intellectually and physically fit. Need of avoiding boredom and feelings of uselessness.

Processes

- Educating elderly people in the scope of foreign languages, new technics, general knowledge, health, gerontology and history of the region. Supporting tourism and physical fitness. Preventing ageing of the society by promoting healthy, developing style of living.

Country Poland
Region Lower Silesia
City Wrocław
Population 632,240



Timescale Since 1975

Operational environment

City Wrocław - its didactic complexes (Pedagogical Institut and Academy of Physical Education).

Bodies and Organisations

University of Wrocław - puts its classrooms, lecturers at TAU students disposal and co -finance TAU activities. Municipality Wrocław - co - financing TAU activity on education. Academy of Physical Education - puts its classrooms, lecturers at TAU students disposal. Holistic education within the academic year since October till May.

Primary Target Group

Seniors (every elderly person, who wants to study - no limitation).

Evaluation of the GP implementation by peers, experts, users, scientists, evaluators or others

Big, increasing interest in taking up courses (each year about 3 candidates for one place). The Lower Silesian Marshall's Prize in 2009. Model for other, newly setting up Third Age Universities in the region and abroad institutions as well.

Information has been collected

By conducting the interview and observing the social background.



RESULTS

Beneficiaries:
Seniors.

Any enhancement:

Compared with the situation before

- Growing amount of students of the TAU and people interested in deepening their knowledge and skills. Growing amount of elderly people who succeeded in combating stress connected with becoming retired.

Compared with the forecast development

- The needs of all seniors in Lower Silesia region (and in Wrocław only) are much bigger than TAU possibilities. The situation is dynamic and needs more solutions.

Success factors:

Prizes, permanent cooperation with former and current TAU students. Setting up new TAU's, which take TAU in Wrocław as the model.

Difficulties and solutions:

Lack of sufficient funds for realizing all necessary activities. TAU tries to solve financial problems by cooperating with new, varied subjects and by getting international and European Union's funds.

DISSEMINATION AND EXPLOITATION OF RESULTS

Media types:

Brochures: "Kurier UTW. Nieregularnik." (Polish), Brochures: Informator UTW (Polish), Text: Przegląd Uniwersytecki (press) (Polish), Book: UTW we Wrocławiu w latach 1976 - 2007 (Polish), Video: TV-TVP (Polish), Other: RADIO PROGRAMMES - Radio Rodzina, Radio Wrocław Workspace (Polish).

Transferability of the good practice:

Transferred on European level.

Plans for dissemination and exploitation of results:

Attempts at finding new and increasing financial sources. Finding new sponsors and new subjects to cooperate with. Implementation of the TAU at the national and transnational level.

Standards:

Breached

Indicators:

Modified/adapted